

Title: Coronavirus disease (COVID-19) – basic info for international students

Dear Students,

Czestochowa University of Technology authorities' highest concern is the health of our domestic and international students and employees. The situation at the University is constantly monitored via all available sources. As of today, all activities at the Czestochowa University of Technology continue as usual but we are ready to extend our activities to ensure the safety and protection of all students, employees and the public.

Due to the threat of spreading SARS-CoV-2 coronavirus, we urge you to comply with the following safety rules:

People who have come from the regions with reported confirmed cases of infection in the last 14 days, as well as the ones showing symptoms resembling those of flu, are asked to settle all matters, formalities or any other business by phone or e-mail, or by third parties without appearing in person at Czestochowa University of Technology, and avoid human gatherings or public places. Protect yourself and others from infection.

If you have mild respiratory symptoms and you did not travel to China or other regions with reported confirmed cases of infection, remember to follow basic protective rules for coughing, sneezing and hand hygiene, and if possible, stay at your apartment until you recover.

If you have visited the regions with reported confirmed cases of infection in the last 14 days and you have noticed symptoms such as: fever, cough, dyspnoea and breathing problems

→ you should immediately notify a [sanitary-epidemiological station](#)
via phone (+48 34 344-99-26 (or: + 48 34 344 99 00 or +48 34 344 99 01)

or

→ immediately seek medical help. For medical help we recommend calling **National Health Fund Hotline +48 800 190 590 or emergency number: 112** (or hospital: +48 34 367 38 73
Wojewódzki Szpital Specjalistyczny im. N.M.P., Oddział Obserwacyjno-Zakaźny, ul.
Polskiego Czerwonego Krzyża 7)

Explain any doubts about your health condition by PHONE or other methods of remote consultation. DO NOT GO TO MEDICAL CLINIC or FACULTIES/LECTURES/TEACHERS or INTERNATIONAL STUDENTS OFFICE (unless you are asked to do so) or DO NOT GO TO THE HOSPITAL without prior arrangement.

To avoid communication problems you may always call our International Students Office.

During working hours (08.00-15.00 Monday – Friday)

ERASMUS+ students: CALL +48 34 325 04 31 or +48 34 361 33 78

Full-time students: CALL +48 34 325 04 92 or +48 34 325 04 02

After working hours and at the weekend (24/7)

CALL: +48 665 330 369 or +48 518 937 357 or +48 726 660 165

Please note that if you get signs of infection it is especially important not to infect others. Therefore, we kindly ask you: if you have symptoms of infection, STAY IN YOUR APARTMENT and CALL THE APPROPRIATE INSTITUTIONS or CALL OUR INTERNATIONAL STUDENTS OFFICE.

More info (World Health Organization):

- 1) Basic protective measures against the new coronavirus:
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- 2) General info: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- 3) WHO situation reports: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/>
- 4) Map:
<https://who.maps.arcgis.com/apps/opsdashboard/index.html#/ead3c6475654481ca51c248d52ab9c61>

Ministry of public health: <https://www.gov.pl/web/zdrowie/coronavirus>